



"Let's Talk Training"

Training Calendar

October, November, and December 2008

Child Development Resources, 651 5th Avenue, East, Tuscaloosa, AL 35401
205-348-2650 or 1-800-791-5437 Fax 205-348-0660

Dear providers,

I hope this issue of "Let's Talk Training" finds you all doing well and having started a wonderful school year! Inside this publication, you'll find a lot of wonderful opportunities for training, technical assistance, and other services available through CDR.

You will also notice that there are a few changes that have been made to our training calendar. In light of funding changes, our services may be offered a little differently in the next year...but we are still here to serve you as we have for year after year! We will still offer exciting and innovative training opportunities as well as other services such as the Rolling Resources Van and The Learning Center.

Also included in this issue of "Let's Talk Training" are some new Registration and Attendance Guidelines for workshops. I hope you will read these and take them to heart as we all work together to keep up the good work for the children and families we serve!

Finally, it is with a heavy heart that I let you know that September is my last month with Child Development Resources. My husband, son, and I will be moving to Montgomery, where I will work with the Alabama Partnership for Children. It will be a bittersweet transition for me - sweet, because I will continue to work in a field I love...and bitter, because I will be leaving my home here in Tuscaloosa and with CDR. I have so enjoyed my last four & a half years working with each of you and the other CDR staff members - from my first workshop to the final Preschool Symposium, my time here has been filled with a wonderful variety of experiences - and most of all, people.

Thanks again to each of you for so many wonderful years and I wish you all the best for the years to come!

QUOTE OF THE QUARTER:

If only you could sense how important you are to the lives of those you meet; how important you can be to people you may never even dream of. There is something of yourself that you leave at every meeting with another person.

~Fred Rogers

Inside:

Look What's Happening at
Child Development Resources

Bits & Pieces about:

- ⇒ **Registration and Workshop Attendance Guidelines**
- ⇒ The Learning Center
- ⇒ Rolling Resource Van
- ⇒ Director's Forum
- ⇒ Workshop Descriptions
- ⇒ Alabama Early Learning Guidelines information

ONE Registration form for:

- ◆ Workshops
- ◆ Intro to Child Care
- ◆ Director's Forum

Please Note:

Child Development Resources will
be closed on the following dates:

November 27 & 28, 2008
Thanksgiving Holiday

December 24 - 31, 2008
Christmas Holiday

Our Phone Numbers

Assistant Director

Valerie Thorington 348-4279

Child Development Specialists

Kelly Avery	348-2231
Salaam Green	348-4280
Meredith Mathers	348-2236
Shana Milligan	348-2240

Registration Desk: 348-4277

We have several CPR/1st Aid classes scheduled this quarter. . .some of them will be offered in the evening!! For information or to register for CPR/1st Aid, please call Kelly Avery at 205-348-2231

DHR Areas			
CD	Child Development	PDG	Positive, Discipline & Guidance
HS	Health, Safety & Universal Precautions	QCL	Quality Child Care & Licensing
LD	Language Development	CCP	The Child Care Professional/Family

***Addresses for workshops in all counties:**

Bibb County <i>Cahawba Christian Academy</i> 2415 Montevallo Rd. Centreville, AL	Choctaw County <i>Patrician Academy</i> 901 S Mulberry Ave Butler, AL	Fayette County <i>Cooperative Extension Office</i> 650 McConnell Loop Fayette, AL	Greene County <i>Warrior Academy</i> 920 Warrior St. Eutaw, AL	Hale County <i>Children's Childcare Community Learning</i> 1007 North Street Greensboro, AL	Lamar County <i>Nanny's Kids, Inc.</i> 12662 Hwy 96 Millport, AL
Marengo County <i>Tender Years</i> 1001 Marion Ave Demopolis, AL	Marion County <i>Happi Faces</i> 323 Rockridge Rd. Winfield, AL	Perry County <i>Marion Depot</i> 1314 Washington St Marion, AL	Pickens County <i>Noah's Ark</i> 807 3rd St NE Reform, AL	Sumter County <i>Ruby Pickens Tartt Public Library</i> 201 Monroe Street Livingston, AL	Tuscaloosa County <i>Child Development Resources</i> 651 5th Ave. East Tuscaloosa, AL

Day/Date/Time	Location	Title/Description	Hours	Deadline
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October

Thursday 10/16/2008 9:00 am - 11:00 am	CDR Lecture Hall	We are Family! If children are made of sugar and spice and everything nice but what about their families? Come discover how Family Systems Theory explains how family roles can be carried over to work, school, and social settings. Maximum Participants: 100	2 clock hours	please register by 10/9/2008
		<i>DHR Area: QCL or CCPF ~ CDA Competency Goals: 4</i>		
		Contact: Salaam Green, 348-4280, swgreen@ches.ua.edu		

Tuesday 10/21/2008 6:00 pm - 7:00 pm	CDR Lecture Hall	ABC's of Second Hand Smoke Faye Royal is the Tobacco Prevention and Control Coordinator for Public Health Area 3. Come join in an interesting discussion about second-hand smoke and its effects on children. Learn how to protect children from and how to educate parents about second-hand smoke. Maximum Participants: 65	1 clock hour	please register by 10/14/2008
		<i>DHR Area: HS or CCPF ~ CDA Competency Goals: 1, 2, 11</i>		
		Contact: Shana Milligan, 348-2240, smilligan@ches.ua.edu		

Thursday 10/23/2008 6:00 pm - 8:00 pm	CDR Lecture Hall	From Bully to Buddy What do you do when friends fight????? Come gain ways to design your learning environment for cooperation, kindness, and prosocial behavior. Maximum Participants: 100	2 clock hours	please register by 10/16/2008
		<i>DHR Area: PDG ~ CDA Competency Goals: 3</i>		
		Contact: Salaam Green, 348-4280, swgreen@ches.ua.edu		

Monday 10/27/2008 6:00 pm - 8:00 pm	CDR Lecture Hall	The Principles of Inclusion: What is the ADA? As child care providers, we hear a lot about the "ADA" . . .but what is it and why is it so important? The "ADA" is the "Americans with Disabilities Act" and is law when providing services for young children. Knowing these facts is good. . .but we also need to know more about including children with special needs into our child care programs. Join us for a lively discussion about inclusion, the ADA, and services that are available to child care providers to make inclusion more do-able! Maximum Participants: 65	2 clock hours	please register by 10/20/2008
		<i>DHR Area: CD, HS or CCP ~ CDA: Competency Goals: 1, 3, 11, 13</i>		
		Contact: Meredith Mathers, 348-2236, mmathers@ches.ua.edu		

Thursday 10/30/2008 6:00 pm - 8:00 pm	Marengo County	Growing Happy and Responsible Kids Children learn by doing and modeling. To teach responsible and happy kids means to encourage children to be motivated from the inside and to follow rules that help themselves and others. Come and learn how to grow Happy and Responsible children! Maximum Participants: 40	2 clock hours	please register by 10/23/2008
		<i>DHR Area: CD or PDG ~ CDA: Competency Goals: 3</i>		
		Contact: Meredith Mathers, 348-2236, mmathers@ches.ua.edu		

November

Wednesday 11/5/2008 8:30 am - 5:00 pm	CDR Lecture Hall	Intro to Child Care Learn basic child development information about infants, toddlers, & preschoolers. All areas of development, health & safety, & discipline & guidance will be covered. This class is geared toward participants who are within their first 30 days of employment or are in the process of opening a Family Day Care Home. Maximum Participants: 40	8 clock hours	please register by 10/29/2008
		<i>DHR Area: CD, HS, LD, PDG, QCL, CCP ~ CDA Competency Goals: 1, 2, 3, 4, 5, and 6</i>		
		Contact: Salaam Green, 348-4280, swgreen@ches.ua.edu		

Day/Date/Time	Location	Title/Description	Hours	Deadline
Thursday 11/6/2008 9:00 am - 11:00 am	CDR Lecture Hall	The Alabama Early Learning Guidelines Course, Session I The Alabama Early Learning Guidelines were developed to be used as a tool in planning and working with young children. Session I will introduce you to the guidelines and is required in order to attend any other session in the course. *See insert for additional information. Maximum Participants: 75 <hr/> <i>DHR Area: CD ~ CDA Competency Goals: 13</i> Contact: Kelly Avery, 348-2231, kavery@ches.ua.edu	2 clock hours	please register by 10/30/2008
Thursday 11/6/2008 6:00 pm - 8:00 pm	CDR Lecture Hall	Challenging Behaviors This workshop will provide insight into challenging behavior and self-regulation. Maximum Participants: 100 <hr/> <i>DHR Area: HS or QCL ~ CDA Competency Goals: 1 and 2</i> Contact: Salaam Green, 348-4280, swgreen@ches.ua.edu	2 clock hours	please register by 10/30/2008
Saturday 11/8/2008 8:30 am - 12:45 pm	Fayette County	The Principles of Inclusion: What is the ADA? As child care providers, we hear a lot about the "ADA" . . .but what is it and why is it so important? The "ADA" is the "Americans with Disabilities Act" and is law when providing services for young children. Knowing these facts is good. . .but we also need to know more about including children with special needs into our child care programs. Join us for a lively discussion about inclusion, the ADA, and services that are available to child care providers to make inclusion more do-able! Maximum Participants: 65 <hr/> <i>DHR Area: CD, HS or CCPF ~ CDA: Competency Goals: 1, 3, 11, 13</i> Working with Families of All Shapes and Sizes! We work with families every single day. They can be a source of both joy and frustration. But what about when a family has a child with special needs? Are the family's needs the same or different from other families in your programs? Let's talk about how to best work with families of all shapes and sizes. . .and how we can best support them, no matter what their needs are! Maximum Participants: 65 <hr/> <i>DHR Area: CCPF ~ CDA Competency Goals:</i> Contact: Meredith Mathers, 348-2236, mmathers@ches.ua.edu	2 clock hours	please register by 10/31/2008
Thursday 11/13/2008 6:00 pm - 8:00 pm	CDR Lecture Hall	Just For Family Daycare Homes: Teachable Moments Part II Come discover a "teachable moment." This fun-filled, informative workshop is full of easy-to-do activities. Your children will love using items from around the house to create, experiment, and discover! You will leave this workshop with a bag full of new ideas. Maximum Participants: 30 <hr/> <i>DHR Area: HS or QCL ~ CDA Competency Goals: 3, 7</i> Contact: Meredith Mathers, 348-2236, mmathers@ches.ua.edu	2 clock hours	please register by 11/6/2008
Mondayday 11/17/2008 6:00 pm - 8:00 pm	CDR Lecture Hall	Everyday is a Reading and Writing Day! ! ! Listening and speaking lead to reading and writing. Let's Talk, Read, and Write as we learn fun ways to support young children's literacy development with easy everyday activities. Maximum Participants: 75 <hr/> <i>DHR Area: LD ~ CDA Competency Goals: 8</i> Contact: Salaam Green, 348-4280, swgreen@ches.ua.edu	2 clock hours	please register by 11/10/2008
Tuesday 11/18/2008 6:00 pm - 8:00 pm	CDR Lecture Hall	The Alabama Early Learning Guidelines Course, Session I The Alabama Early Learning Guidelines were developed to be used as a tool in planning and working with young children. Session I will introduce you to the guidelines and is required in order to attend any other session in the course. *See insert for additional information. Maximum Participants: 75 <hr/> <i>DHR Area: CD ~ CDA Competency Goals: 13</i> Contact: Kelly Avery, 348-2231, kavery@ches.ua.edu	2 clock hours	please register by 11/11/2008

Day/Date/Time	Location	Title/Description	Hours	Deadline
Tuesday 11/18/2008 6:00 pm - 7:00 pm	Fayette County	ABC's of Second Hand Smoke Faye Royal is the Tobacco Prevention and Control Coordinator for Public Health Area 3. Come join in an interesting discussion about second-hand smoke and its effects on children. Learn how to protect children from and how to educate parents about second-hand smoke. Maximum Participants: 65	1 clock hour	please register by 10/14/2008
		<i>DHR Area: HS or CCPF ~ CDA Competency Goals: 1, 2, 11</i>		
		Contact: Shana Milligan, 348-2240, smilligan@ches.ua.edu		

December

Tuesday 12/2/2008 6:00 pm - 8:00 pm	CDR Lecture Hall	The Alabama Early Learning Guidelines Course, Session I The Alabama Early Learning Guidelines were developed to be used as a tool in planning and working with young children. Session I will introduce you to the guidelines and is required in order to attend any other session in the course. *See insert for additional information. Maximum Participants: 75	2 clock hours	please register by 11/11/2008
		<i>DHR Area: CD ~ CDA Competency Goals: 13</i>		
		Contact: Kelly Avery, 348-2231, kavery@ches.ua.edu		

Friday 12/5/2008 12:00 pm - 1:00 pm	CDR Lecture Hall	An Intro to Fitness In todays world, there is a lot of focus on obesity in children. Join us for a discussion on fostering good, fit habits for the children in our care. Maximum Participants: 65	1 clock hour	please register by 10/14/2008
		<i>DHR Area: HS or QCL ~ CDA Competency Goals: 1 and 2</i>		
		Contact: Salaam Green, 348-4280, swgreen@ches.ua.edu		

Tuesday 12/9/2008 9:00 am - 11:00 am	CDR Lecture Hall	Holidays Around the World In many countries throughout the world, one holiday follows quickly on the heels of another. Come and learn about all the fun holidays around the world and help the children in your classroom to develop an understanding and appreciation of different customs around the world. Maximum Participants: 40	2 clock hours	please register by 12/2/2008
		<i>DHR Area: QCL or CCPF ~ CDA Competency Goals: 3, 7, 9 and 11</i>		
		Contact: Shana Milligan, 348-2240, smilligan@ches.ua.edu		

Tuesday 12/9/2008 6:00 pm - 8:00 pm	CDR Lecture Hall	Parenting Counts: Handling Stress It's a Stressful ! This workshop examines the causes of stress in infants and young children. Workshop participants will understand more about their role in helping young children learn to calm themselves when they are stressed. The workshop covers both the danger of too much stress in early life and the benefits of learning healthy ways to deal with stress. Maximum Participants: 35	2 clock hours	please register by 12/2/2008
		<i>DHR Area: HS or CCPF ~ CDA Competency Goals: 1, 2, 3 and 8</i>		
		Contact: Leslie Guy, 348-2235, leslie.guy@ua.edu		

Thursday 12/11/2008 6:00 pm - 8:00 pm	CDR Lecture Hall	APT Ready To Learn: Health & Safety This workshop is one of a series of workshops developed by Alabama Public Television which will use the components of Ready To Learn to teach the six content categories of training required by DHR's minimum standards. Maximum Participants: 30	2 clock hours	please register by 12/4/2008
		<i>DHR Area: CCP ~ CDA Competency Goals: 2</i>		
		Contact: Meredith Mathers, 348-2236, mmathers@ches.ua.edu		

CHILD DEVELOPMENT RESOURCES REGISTRATION FORM

Name (please print)	Name of Program
Home address	Business address
City/State/Zip	City/State/Zip
Home phone: ()	Center phone: ()
Email address	County:

Select trainings and mail form to: Child Development Resources, Attn: Karly Alexander, 651 5th Avenue East, Tuscaloosa, AL 35401

X	FEE	DATE	TIME	Location County	Name of Workshop	DEADLINE
		Thursday 10/16/2008	9:00 am - 11:00 am	CDR Lecture Hall	We are Family!	10/9/08
		Tuesday 10/21/2008	6:00 pm - 7:00 pm	CDR Lecture Hall	ABC's of Second Hand Smoke	10/14/08
		Thursday 10/23/2008	6:00 pm - 8:00 pm	CDR Lecture Hall	From Bully to Buddy	10/16/08
		Monday 10/27/2008	6:00 pm - 8:00 pm	CDR Lecture Hall	The Principles of Inclusion: What is the ADA?	10/20/08
	\$7.00	Tuesday 10/28/2008	12:00 noon - 2:15 pm	CDR Lecture Hall	Director's Forum "New and Improved"	10/21/08
		Thursday 10/30/2008	6:00 pm - 8:00 pm	Marengo	Growing Happy and Responsible Kids	10/23/08
		Wednesday 11/5/2008	8:30 am - 5:00 pm	CDR Lecture Hall	Intro to Child Care	10/29/08
		Thursday 11/6/2008	9:00 am - 11:00 am	CDR Lecture Hall	The Alabama Early Learning Guidelines Course Session I	10/30/08
		Thursday 11/6/2008	6:00 pm - 8:00 pm	CDR Lecture Hall	Challenging Behaviors	10/30/08
		Saturday 11/8/2008	8:30 am - 12:45 pm	Fayette	The Principles of Inclusion: What is the ADA? Working with Families of All Shapes and Sizes!	10/31/08
		Thursday 11/13/2008	6:00 pm - 8:00 pm	CDR Lecture Hall	Just For Family Daycare Homes Teachable Moments Part II	11/6/08
		Monday 11/17/2008	6:00 pm - 8:00 pm	CDR Lecture Hall	Everyday is a Reading and Writing Day!!!	11/10/08
		Tuesday 11/18/2008	6:00 pm - 8:00 pm	CDR Lecture Hall	The Alabama Early Learning Guidelines Course Session I	11/11/08
		Tuesday 11/18/2008	6:00 pm - 7:00 pm	Fayette	ABC's of Second Hand Smoke	11/11/08
		Tuesday 12/2/2008	6:00 pm - 8:00 pm	CDR Lecture Hall	The Alabama Early Learning Guidelines Course Session I	11/25/08
		Friday 12/5/2008	12:00 pm - 1:00 pm	CDR Lecture Hall	An Intro to Fitness	11/28/08
		Tuesday 12/9/2008	9:00 am - 11:00 am	CDR Lecture Hall	Holidays Around the World	12/2/08
		Tuesday 12/9/2008	6:00 pm - 8:00 pm	CDR Lecture Hall	Parenting Counts: Handling Stress It's a Stressful Life!	12/2/08
		Thursday 12/11/2008	6:00 pm - 8:00 pm	CDR Lecture Hall	APT Ready To Learn: Health and Safety	12/4/08